

**1. CHECK OF THE MANUSCRIPT, PRIOR TO SENDING**

To facilitate the process of evaluation of the manuscript and to accelerate the report of its possible publication, a final self-review of the manuscript is advised, checking the following questions.

<b>COVER LETTER</b>	
Title of the manuscript in Spanish (maximum 80 characters).	
Title of the manuscript in English (maximum 80 characters).	
The two versions of the title of the manuscript are concise, informative and collect as many identifiable terms as possible.	
The abstract in Spanish is included, in a single paragraph and without epigraphs (minimum / maximum: 220/230 words).	
The abstract in English is included, in a single paragraph and without epigraphs (minimum / maximum: 220/230 words).	
Abstracts in Spanish and English respond in order to the following issues: justification of the subject, objectives, study methodology, results and conclusions.	
It includes 6 descriptors (in English and Spanish) (only simple words, not phrases or combinations of words), with the most significant terms, and if possible standardized.	
The texts in English (title, abstract and descriptors) have been written or verified by an official translator or expert in this language (The use of automatic translators is prohibited).	
All the identification data of the authors are included in the order stipulated in the norms: identification and correspondence data, professional filiations, last academic degree ...	
It indicates the academic degree of doctor in case it is officially held (accreditation may be requested).	
The first and last name of the authors has been normalized.	
Each author is identified with their ORCID code.	
The maximum number of authors is three, with the exception of those works that justify a higher but limited number of authors	
The author(s) have duly signed the letter of presentation of the article, which includes the partial transfer of rights and the declaration of conflict of interest.	
<b>MANUSCRIPT</b>	
It includes title of the manuscript, abstract, and keywords. All in Spanish and English.	
The text is within the minimum and maximum extension: In the research section: 5,000 / 6,500 words of text (including references), Reports, Studies: 5,000 / 6,500 words of text (including references); In the Revisions sections: 6,000 / 7,000 words of text (including references).	
In case of research, the manuscript responds to the structure required in the standards (IMRDC).	
In the case of a report, study or review, the manuscript respects the minimum structure required by the standards.	
The manuscript explicitly cites and cites the sources and materials used.	

The methodology described for the research work is clear and concise, allowing its replication, if necessary, by other experts.	
The conclusions are supported by the results obtained and presented in the form of a synthesis.	
If statistical analyzes have been used, they have been reviewed/ contrasted by an expert.	
The citations in the text are strictly in accordance with the APA 6 regulations, reflected in the instructions.	
In case of use of final notes, it has been verified that these are descriptive and cannot be integrated into the general citation system. Footnotes are not acceptable.	
The final references have been rigorously reviewed and only those that have been cited in the text are included.	
The final references are adjusted in style and format to the international APA standards 6.	
The number of references is around 40	
DOIs have been included in all References that carry it in the following format: doi: <a href="https://doi.org/XXXXXX">https://doi.org/XXXXXX</a>	
All web addresses of references have been shortened with Google Url Shortner	
If figures and charts are included, they should provide additional and not repeated information in the text. Their graphic quality has been verified.	
The number of charts and / or figures does not exceed 6	
If the case, financial support is declared.	
<b>FORMAL ASPECTS</b>	
The rules have been strictly observed in the use of bold, capital letters, italics and underlines.	
The body 10 has been used, in single spacing (1) and without tabulations.	
The epigraphs have been properly and hierarchically numbered in Arabic.	
The relevant carriage returns have been used.	
Double spaces have been deleted.	
The typographic quotes “(with alt + 174 and alt + 175 for opening and closing) have been used.	
Word dictionary for surface spelling has been used.	
The text has finally been supervised by external staff to ensure grammar and style.	
<b>PRESENTATION</b>	
Attached is a cover letter indicating originality, novelty of the work and section of the journal to which it is addressed, and if appropriate, informed consent of experimentation.	
The cover letter includes an attachment signed by all authors, being responsible for the authorship and giving the copyright to the publisher.	
The manuscript is uploaded to the platform in Word format and without authors identification	
<b>ANNEXED DOCUMENTS</b>	
Attached are the two attached documents: the cover letter and the manuscript.	
The accompanying documents and annexes have been published with Figshare.	