Initial verification before sending the manuscript

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| Includes the manuscript title in Spanish (maximum 80 characters). |  |
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| The two versions of the manuscript title are precise, informative, and include the greatest possible number of keywords. |  |
| Includes an abstract (Resumen) in Spanish that is only one paragraph in length and with no headings (minimum/maximum: 220/230 words). |  |
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| The abstracts in Spanish and English must provide the following information in the most organized way possible: justification of the theme, objectives, type of research, study method, results, and conclusions. |  |
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| The authors' first and last names have been standardized. |  |
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| Includes the manuscript title in Spanish and Enlish, along with a Spanish abstract (resumen) and English abstract, Spanish keywords (descriptores) and English keywords. |  |
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| As the case may be, all financial support and/or assistance has been stated. |  |

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| FORMAL ASPECTS | |
| The standard has been rigorously obeyed in terms of bold, upper case, italics, and underlining. |  |
| Font Arial 10 has been used in the body, single spaced (1) and no indentation. |  |
| The sections have been numbered correctly and hierarchically using Arabic numerals. |  |
| All appropriate carriage returns have been applied. |  |
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| Typographic quotations have been used « » (with alt+174 and alt+175 to open and close) in Spanish. |  |
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| The final version of the project has been supervised by outside personnel to guarantee grammatical and stylistic quality. |  |
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| The cover letter is attached, verifying originality, novelty of the work, and the section of the magazine to which it is addressed, along with informed consent for research. |  |
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| ATTACHED DOCUMENTS | |
| The following two documents are attached: cover letter and manuscript. |  |
| Complementary documents and annexes have been published using Figshare. |  |

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