Initial verification before sending the manuscript

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| To facilitate the manuscript evaluation process and to accelerate the report for its po- tential publication, a final self-review is suggested to verify the following: |
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| Includes the manuscript title in Spanish (maximum 80 characters). |  |
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| The two versions of the manuscript title are precise, informative, and include the greatest possible number of keywords. |  |
| Includes an abstract (Resumen) in Spanish that is only one paragraph in length and with no headings (minimum/maximum: 220/230 words). |  |
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| The abstracts in Spanish and English must provide the following information in the most organized way possible: justification of the theme, objectives, type of research, study method, results, and conclusions. |  |
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| All identification details for the authors are included in the order established in the rules: identification details and correspondence data, professional affiliations, highest academic level reached... |  |
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| The authors' first and last names have been standardized. |  |
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| Includes the manuscript title in Spanish and Enlish, along with a Spanish abstract (resumen) and English abstract, Spanish keywords (descriptores) and English keywords. |  |
| Maximum and minimum permitted lengths: In the research section: 5,000/6,500 words of text (including references), Reports, Studies: 5,000/6,500 words of text (including references); in the Revisions: 6,000/7,000 words of text (including references). |  |
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| FORMAL ASPECTS |
| The standard has been rigorously obeyed in terms of bold, upper case, italics, and underlining. |  |
| Font Arial 10 has been used in the body, single spaced (1) and no indentation. |  |
| The sections have been numbered correctly and hierarchically using Arabic numerals. |  |
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| The Word dictionary has been used for cursory spelling correction. |  |
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| The cover letter is attached, verifying originality, novelty of the work, and the section of the magazine to which it is addressed, along with informed consent for research. |  |
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| ATTACHED DOCUMENTS |
| The following two documents are attached: cover letter and manuscript. |  |
| Complementary documents and annexes have been published using Figshare. |  |

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